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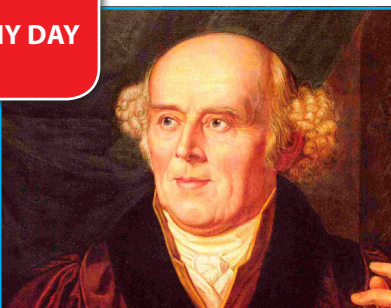
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Editorial

Special Edition
**WORLD HOMOEOPATHY DAY
2020**

To pay tribute to Hahnemann and his contributions to the World of Medicine, globally, 10th April is observed as the **"World Homeopathy Day"** (WHD). This year i.e., 2020, we are celebrating 265th birth anniversary of Dr. Christian Friedrich Samuel Hahnemann. Born in Germany, he was a Physician, a great Scholar, a Linguist and an acclaimed Scientist. He was known as the 'Father of Homeopathy', 'Father of Human Pharmacology', 'Father of Nano Medicine' and the 'Father of Infinite dilution concept in Chemistry'.



Samuel Hahnemann
10-04-1755 to 02-07-1843

"Homoeopathy is the latest and refined method of treating patients economically and non violently. Government encourage and patronize it in our country". -Mahatma Gandhi

In 21st century, Homoeopathy has gained importance at par with other schools of Medicine. The reason being, people accept Homoeopathic medicine as it is based on holistic approach and the other reason, Homoeopathic treatment sorts out permanent solution with its wide range of application. Since inception, Homoeopathy has been facing criticism and challenges on clinical efficacy. Despite criticism, there is worldwide increase in the usage of Homeopathy and rapid expansion in the results of the effectiveness of Homeopathy because of evidence based clinical practice. Today, Homeopathy is an inseparable part of health care system and with time, its contribution to the health care systems across the world continues to increase.

WHD gives us an opportunity to review the path trodden so far, take stock of the challenges facing and formulate future strategies for the development of Homoeopathy. There is a need to focus on the quality of Education thereby enhancing the success rate in Practice. This is not possible unless the Homeopathic community

Innovates, Modernizes, Reinvents, Forges ahead jointly with variety of Initiatives and Research. Therefore, the current scenario needs to link Research with Education and Clinical practice with Advance scientific collaborations.



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Inside Story

Article

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A Homeopathic Love Story :
The Story of Samuel and
Melanie Hahnemann

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HOMOEOPATHY FOR BRONCHIAL ASTHMA

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Definition: Bronchial Asthma is a chronic inflammatory disorder associated with airway hyper-responsiveness. Symptoms include wheeze, chest tightness, cough and shortness of breath, often worse at night. Starts at childhood between ages 3-5 years and either worsen or improve during adolescence. Classically asthma has three characteristics:

- Air flow limitation.
- Airway hyper-responsiveness.
- Bronchial inflammation.

In India the prevalence of asthma has been found to be 2% to 7%.

Aetiology:

- Genetic factors.
- Environmental exposure to allergen – gross pollen, domestic pets.
- Occupational sensitizers.
- Atmospheric pollution. (Sulphur dioxide, ozone).
- Drugs (NSAID's, beta adreno-receptor blocking agents).
- Viral infections (rhinovirus, para-influenza virus, RSV).
- Cold air.
- Emotion.
- Irritant dusts, vapour and fumes.

Clinical features:

- Episodic breathlessness.
- Wheezing.
- Cough.
- Chest tightness.
- These symptoms show characteristic pattern of diurnal variability of worsening during night and early morning.
- It may lead to disrupted sleep due to cough and wheeze.
- There is increased mucus production, which is thick, mucoid and difficult to expectorate.
- History of recurrent episodes of asthma caused by one or more trigger factors is important for diagnosis of asthma.
- However, between episodes patients usually remain symptom free.
- Asthmatics are frequently associated with other atopic conditions.

Physical Examination:

- Wheezing is heard as the most prominent sign of asthma especially during expiration.

- At the time of severe asthma exacerbation. Wheezing may be absent because of severely reduced airflow but exacerbation can be identified by the presence of other signs, such as increased respiratory rate, flaring of alae nasi, use of accessory muscles of respiration and pulsus paradoxus.
- Diurnal variation of air flow obstruction asthmatic symptoms and signs vary with worsening during night and improving during day.

Miasmatic understanding:

- It is a common belief that bronchial asthma is only sycotic.
- We can see logically that bronchial asthma though predominantly sycotic, covers all 3 miasms, i.e. psora, syphilis, syphilitic.
- Miasmatic classification is very important for potency selection, repetition, prognosis, evaluation of effect of medicine and patient management.
- Dr. Hahnemann has evoked beautifully the concept of miasms.

Psoric asthma:

- Psoric personality is positive in approach, constructive and changeability of moods.
- Disturbances are functional so you will hardly see any secretions in this phase.
- Asthma purely of psychological origin.
- Puls., Ign., Nux-v. etc.

Sycotic asthma:

- Sycotic personality – sluggishness, slowness, fixity, jealousy, revengeful tendency etc.
- Effect of atmosphere - >damp and getting wet, better in dry climate.
- Marked cough with little expectoration.
- History of suppression of discharges from mucus membranes.
- Discharge is yellow or yellow green, thick, sticky discharge difficult to expectorate.
- As soon as we re-establish discharge asthma is better.

Syphilitic asthma:

- Structural changes like emphysema are more marked.
- Patient feels breathless even on slightest exertion or at rest.
- Cor pulmonale is seen.

General management:

- Physiotherapy.
- Yoga – effective positions like cobra and pigeon may enhance breathing.
- Avoid known allergens as far as possible.
- Totally avoid cold drinks, cold water, ice – cream.

Homoeopathic management:

- The most commonly used remedy for asthma is *Ars. alb.* which covers a majority of cases in an acute attack. It has typical aggravations between 12 and 2 AM or PM, is aggravated by cold and calmed by heat. Since *Ars. alb.* is considered as chilly remedy, if the patient is hot and has *Ars. alb.* symptoms, then *Ars. iod.* is indicated.
- The other remedy which has aggravations of *Ars. alb.* as a chilly remedy is *Hepar sulphuris calcareum*. However, *Hepar sulph.* has the typical modality of bending head backwards during the acute attack, which gives him relief.
- Both *Ars. Alb.* and *Hepar sulph.* patient may have aggravations due to dust.
- *Pothos foetidas* also has aggravations due to dust, but is the only remedy in which asthmatic symptoms are relieved by passing stool.
- The other hot remedy which is similar to *Ars. lod.* is *Antim. tart.* The patient who requires *Antim. tart.* will have marked flapping of *alae nasi* and rapid abdominal movement. He will have rales, which are more marked than rhonchi. If the picture does not coincide with either *Ars. alb.* or *Antim. tart.*, try using *Antim. ars.* This is a chilly remedy but rales are more prominent than rhonchi.
- A *Lycopodium* patient also has flapping of *alae nasi* and rapid abdominal movement like *Antim. tart.* but in spite of a severe attack, the patient is quite and there is not much anxiety expressed on the face.
- The sequential relationship includes *Lyco.*, *Calcarea carb.* and *Sulphur*. After treating with *Lyco.* and *Calc. carb.*, *Sulphur* might take care of any skin symptoms.
- *Baryta carb.* leads to repeated respiratory tract infections and is slow acting like *Calc. carb.*
- In *Calc. carb.* there is a generalised delay (all these milestones are delayed, i.e. Teething, Walking and Talking) in development, while in *Baryta carb.* there patchy development of any one of the milestones (either walking, talking or teething are delayed).
- *Psorinum* is the chilly equivalent of *Sulphur*. In *Psorinum*, the patient feels better from lying down and by spreading his hands wide apart.
- Another remedy, which is most commonly used, is *Natrum sulphuricum*, has aggravation by damp and at 4 AM, and is relieved in a dry place. In case *Nat-sulph* fails, consider *Magnesia sulphurica*.
- The other Anti-sycotic remedies are *Dulcamara* and *Rhus toxicodendron*. Both have aggravations in the damp and the patient is chilly. *Rhus tox.* has

musculoskeletal involvement as concomitants.

- Related with *Nat-sulph* is *Natrum muriaticum*, which has aggravation of the disease in the morning. However, in this remedy, sneezing ameliorates.
- *Nat. mur.*, *Pulsatilla* and *Bryonia* are related remedies. Both *Pulsatilla* and *Bryonia* are hot and thirst less. *Bryonia* has a typical aggravation time of 9PM.
- The other hot remedies are *Mercurius sulphuricus* and *Mercurius iodatus flavus*. *Merc.* is hot but there is difficulty in swallowing and has aggravation with both heat and cold. *Merc-i-f* is hot; right sided and has characteristic posterior yellowish coated tongue with marked salivation. *Inimical to Merc. sol.* is *Silicea* that has aggravations due to moon phases and the remedy is extremely chilly.
- *Magnesia phosphorica* is a good remedy to relieve acute spasms and relieve the patient for a short time.
- *Cannabis sativa* is a remedy that makes the patient stand for the entire night with his hands supported on his knees. There may be a past history of gonorrhoea.
- Other antisycotic remedies are *Medorrhinum* and *Thuja occidentalis*. *Thuja* is achilly remedy with typical aggravation at 3 AM or PM and there is marked anxiety. *Tea* aggravates the *Thuja* patient. *Med.* is a very hot patient and the patient is better by bending his head on a pillow. The *Med.* patient desires a fast fan even in winter with craving for ice.
- Another remedy that makes the patient feel better by bending head forward is *Kali-carb.* *Kali-carb* is a very chilly remedy. It shows aggravations at 3AM and the patient is better by rocking to and fro.
- *Kali bichromicum* also has 3AM aggravations but it has a spotty pain in the chest. When this point is pressed the patient feels better and little expectoration comes out.
- *Lachesis* also has a spotty pain but the patient is worse by pressing the painful spot.
- *Kali-bi* has aggravations from beer and many other food items.
- In *Carbo veg.* and *Nux vom.* the patient feels better by eructation. Both the remedied are chilly. In *Carbo veg.* the patient has desire to be fanned from a distance, which comforts him, while *Nux vom* doesn't like fan at all.
- *Ferrum met* is a remedy that has various food allergies. It is a king of allergies such has all kinds of fruits, vegetables, eggs, sea food, rice etc. The patient's asthmatic symptoms are better by walking.
- *Bacillinum* is the remedy that helps children and is a good preventive for asthma.
- In *Tuberculinum* the attacks are erratic and it has super added infections.
- *Tuberculinum aviare* has increased respiratory rate with Bronchial asthma.



Name: Mr. ACI, **Age:** 45yrs
Sex: Male **Address:** Hubli
Date: 20/10/2016

A CASE OF PSORIASIS

Dr. R. V. Kadadevarmath M.D.(Hom.)
 Associate Professor
 Dept. of Homoeopathic Materia Medica

Diagnosis: Psoriasis

Miasmatic background: Psora- as the case in psychosomatic and there are no pathological findings, it is purely psoric case.

Complaint details :

Eruptions all over the body since 4 year
 Location: Eruptions all over body, complaints first started on occipital region
 Sensation: Itching and burning, Skin dry and scaly with flaky eruption, tightness of the skin unable to stretch the palms and soles has to walk limping because of eruption.
 Modalities: < night > by scratching, bleed on scratching.
 Dryness of the skin on and off last 10 yrs.

Personal H/o:

Desire : Dal(spicy food)
 Thirst: 1-2liter/day
 Perspiration : Scanty
 Sleep : Disturbed due to skin complaints
 Thermals : Hot (< heat of sun, hot water bathing)

Mental:

Person very sensitive, takes tension easily, gets easily irritated, does not like to dress elaborately and prefer simple clothes

Totality of symptoms:

Mind-Grief ailments from
 Mind- Irritability -general
 Mind-Company aversion to
 Food -spicy-Desire
 Sleep-Disturbed due to complaints
 Skin-Eruption in general
 Skin-Eruption < night
 Skin-Eruption> by scratching
 Skin- burns on scratching.

PDF:

Hot patient, Introverted disposition
 Lean thin with dark complexion

Remedial differential diagnosis:

Nat. mur. - 10/21, Sulphur - 10/22
 Phos. - 9/19, Calc. carb. - 9/14

Final remedy: Sulphur-200/1dose followed by SL for 7 days.

Before Treatment



After Treatment



Follow up summary

Date	Complaints	Remedy	Reason
27/10/2016	Eruption with red areola, itching slightly reduced pus with red raw area tightness of skin	SLx15 days	Sulphur is polychrest remedy so SL to be given
10/11/2016	Tightness of skin and palms present, eruption perspiration reduced	Graphites 200, 1dose	For skin tightness with blood oozing.
24/11/2016	Tightness of the skin reduced. Eruption still persist	Sulphur 1M 1 dose SLx15 days	As there is improvement of symptoms and few symptoms are there from starting
12/01/2017	Eruptions reduced patient feeling better	SLx15 days	SL given as improvement
09/02/2017	Complaints better	SLx15 days	SL given as improvement
06/04/2017	Complaints better	SLx15 days	SL given as improvement
29/06/2017	More eruption on the ankle associated with itching	Psorinum 1M	Given as intercurrent remedy and to remove the tendency
13/07/2017	Eruptions reduced, patient feeling better	SLx15 days	SL given as improvement

A Homeopathic Love Story: The Story of Samuel and Melanie Hahnemann

“A great insight into the man and his life” by Rima Handley



Author Rima Handley received her doctorate in 1973 from Oxford University in Medieval language and literature. In addition to her interests in Homeopathy and Medieval literature, she has received training in Counseling and Psychotherapy, particularly person-centered Counseling and Psychosynthesis. I felt this book is a must for any lover of biography as well as anyone interested in the history of Homeopathy. I am presenting you a few reviews of this book so that you can fall in love with Homoeopathy & its history.

“This book is a fascinating biographical feast containing generous helpings of art history, medical mystery, feminist insight and sheer romance! Its scholarship is skillfully woven into a riveting story. While undoubtedly a landmark in homeopathic literature, this book will delight the reader.”

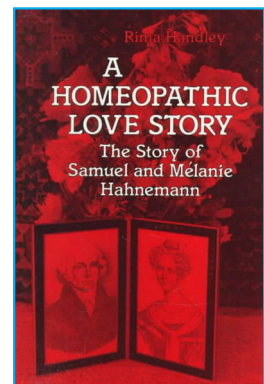
The best book on the later life and love of Samuel Hahnemann and his second wife

Dr. Manjula S. Haleholi M.D.(Hom.)
Prof. & Head, Dept. of Hom. Pharmacy

Melanie. They worked as Homeopaths in Paris and he had a happy old age.

It is a 211-page book out of which 80 pages are devoted to Melanie’s childhood and her life after Samuel’s death. Melanie travels to Germany from France in a mail coach, dressed as a man due to the fact that it is not safe for a young woman to travel so far by herself. She goes to see Hahnemann for her own chronic health problem. Three days after her arrival they become engaged. She is 35 and he is 80. They plan their wedding in secret, and shortly after they are married, he leaves most of his money and his home to his children and goes to Paris with Melanie. In his will, he specifically states that anything he accrues after his departure is to go to Melanie and that anyone who contests that is to receive nothing.

The next 8 years are the



happiest of his life. With Melanie's connections, he develops a thriving practice, with many famous and wealthy clients. He is respected, enjoys the Opera, long walks, and daily stops for ice cream. He continues to experiment with Homeopathy and modifies many aspects of his protocol.

- He begins giving remedies in water so that they reach many nerves in the mouth.
- He also uses Olfaction, or smelling a substance.
- He frequently begins a case with Sulphur because he believed all disease was Psoric (relating to a skin rash) in origin.
- He began the case with the highest potency and then gradually proceeded to the lower potencies.
- They would dilute the remedy in a combination of alcohol and water with succession in between each dose.
- Repeating every two hours, twice a day, every other day, or every day, according to the need.
- Higher potencies for the chronic phases, and lower for the acute.
- It appears he developed the LM potency as an alternative to the Korsakoff and Jenichen methods which reached 1000C and 1500C because Hahnemann was concerned about the severe aggravations they may cause.
- The LM method allowed him to prepare a very dilute remedy by hand without aggravation because there was less succession involved.
- On numerous occasions he prescribed two remedies at the same time.

The author concludes that Hahnemann meant that not more than one remedy should

be administered at exactly the same time. During this time Hahnemann writes the 6th edition of the

Organon and talks to two publishers about publishing it. When he becomes ill, his daughter and grandson travel to Paris to see him, but Melanie refuses them until the day before he dies because she does not want them to detract him from his struggle to recover. When he dies, she gets permission from the police to keep his body in the house for up to 14 days. She finally buries him on a rainy day with only a few people present. She fights with nearly everyone over the course of the rest of her life, Hahnemann's family, the courts, people she loans money to, other Homeopaths... There is much discussion of publishing the 6th edition of the Organon, which of course doesn't happen in her lifetime, or even her daughter's. At one point she allows her daughter's future father-in-law to see a few extracts from the journals. He immediately published them with some explanatory comments. Melanie writes a heated letter "the infinitesimal dilutions had been carried so unreasonably far that it must be assumed that the mental debility of old age alone could have induced Hahnemann to fall into such errors."

The author also focuses on how difficult a job it would be of incorporating all of his hand written notes in German. But it was eventually done, so that argument doesn't hold much water. Roger Morrison M.D. stated in one of his videotaped lectures that Melanie demanded \$ 20,000 (over \$20 million in today's dollars) for the manuscript. This author did not mention that fact although she does explain that she offers the manuscript for a collection of funds from students.

Reviewed by,

1. Dorothy Hannon-Blazier.
2. Francis Treuherz. The best book on the later life and love of Samuel Hahnemann, Reviewed in the United Kingdom on 3 February 2017.
3. Tenna Merchant Reviewed in the United States on 27 May 2008.



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Ms. Pushpalatha

II BHMS

Research Title : "A Clinical study on effectiveness of Mercurius solubilis on Streptococcal Acute Tonsillitis in Children."

under the guidance of

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Ms. Ch. Balavaibhavalakshmi

II BHMS

Research Title : "A Clinical study on the effectiveness of different Homoeopathic medicines used specifically in various types of injuries."

under the guidance of

Dr. Praveen M. Kulkarni M.D.(Hom)
Associate Professor
Dept. of Hom. Pharmacy

Central Council for Research in Homoeopathy AWARD 2019
for

"Quality MD Dissertation in Homoeopathy"



Dr. Christina Ekka

M.D.(Hom.) in Hom. Materia Medica

Dissertation Title : "A Clinical study of various forms of Tinea manifestations and their Homoeopathic management."

under the guidance of **Dr. Kirankumar C. Gaddi** M.D.(Hom)

Professor & Head, Dept of Hom. Materia Medica

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